

The John F. Barnes'
**Myofascial
 Release**
 Approach®

Myofascial Release Seminars is pleased to present the following courses. Additional courses may be added – please see www.myofascialrelease.com

2-day Myofascial Mobilization Workshop – 12 CEUs

<u>St. Charles, MO</u>	<u>June 1-2, 2019</u>
<u>Spokane, WA</u>	<u>August 24-25, 2019</u>
<u>Nashville, TN</u>	<u>September 7-8, 2019</u>
<u>Charlotte, NC</u>	<u>October 5-6, 2019</u>
<u>Sioux Falls, SD</u>	<u>October 26-27, 2019</u>
<u>Riverhead, NY</u>	<u>November 9-10, 2019</u>
<u>Scranton, PA</u>	<u>November 16-17, 2019</u>
<u>North Charleston, SC</u>	<u>February 29-March 1, 2020</u>
<u>Madison, WI</u>	<u>March 21-22, 2020</u>
<u>Erie, PA</u>	<u>April 4-5, 2020</u>
<u>Peabody, MA (North Shore area)</u>	<u>April 25-26, 2020</u>
<u>Kalamazoo, MI</u>	<u>May 30-31, 2020</u>
<u>Sacramento, CA</u>	<u>June 6-7, 2020</u>

Myofascial Release II Seminar – 20 CEUs

<u>Bethany Beach, DE</u>	<u>May 16-18, 2019</u>
<u>Burr Ridge, IL (Chicago Suburbs)</u>	<u>July 19-21, 2019</u>
<u>Atlanta, GA</u>	<u>November 15-17, 2019</u>
<u>Clearwater Beach, FL</u>	<u>January 16-19, 2020</u>
<u>Sedona, AZ</u>	<u>March 26-29, 2020</u>

<u>New York, NY</u>	<u>August 21-23, 2020</u>
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2-day Pediatric Myofascial Release Workshop – 12 CEUs

<u>Chattanooga, TN</u>	<u>May 18-19, 2019</u>
<u>Green Bay, WI</u>	<u>June 8-9, 2019</u>
<u>San Francisco, CA</u>	<u>August 24-25, 2019</u>
<u>St. Paul, MN</u>	<u>September 14-15, 2019</u>
<u>Rockville, MD</u>	<u>October 12-13, 2019</u>
<u>Bellevue, WA</u>	<u>November 9-10, 2019</u>
<u>Richmond, VA</u>	<u>March 28-29, 2020</u>
<u>Longueuil, QC</u>	<u>April 18-19, 2020</u>
<u>St. Louis, MO</u>	<u>May 30-31, 2020</u>
<u>Indianapolis, IN</u>	<u>June 6-7, 2020</u>

Cervical-Thoracic Myofascial Release Seminar – 20 CEUs

<u>Brewster, MA (Cape Cod)</u>	<u>September 5-8, 2019</u>
<u>Sedona, AZ</u>	<u>February 13-16, 2020</u>
<u>Bethany Beach, DE</u>	<u>April 23-26, 2020</u>
<u>Chicago, IL</u>	<u>July 10-12, 2020</u>

Myofascial Unwinding Seminar – 20 CEUs

<u>Bethany Beach, DE</u>	<u>May 13-15, 2019</u>
<u>Burr Ridge, IL (Chicago Suburbs)</u>	<u>July 16-18, 2019</u>
<u>Atlanta, GA</u>	<u>November 12-14, 2019</u>
<u>Clearwater Beach, FL</u>	<u>January 13-15, 2020</u>
<u>Sedona, AZ</u>	<u>March 23-25, 2020</u>
<u>New York, NY</u>	<u>August 18-20, 2020</u>

Myofascial Release I Seminar – 20 CEUs

<u>Bethany Beach, DE</u>	<u>May 9-11, 2019</u>
<u>Milwaukee, WI</u>	<u>May 17-19, 2019</u>
<u>New Orleans, LA</u>	<u>May 31-June 2, 2019</u>
<u>Cedar Rapids, IA</u>	<u>June 7-9, 2019</u>
<u>Portland, ME</u>	<u>June 21-23, 2019</u>
<u>Burr Ridge, IL (Chicago Suburbs)</u>	<u>July 12-14, 2019</u>
<u>Columbia, SC</u>	<u>August 16-18, 2019</u>
<u>Schenectady, NY</u>	<u>September 13-15, 2019</u>
<u>Virginia Beach, VA</u>	<u>September 20-22, 2019</u>
<u>South Bend, IN</u>	<u>October 18-20, 2019</u>
<u>Columbus, OH</u>	<u>October 25-27, 2019</u>
<u>San Antonio, TX</u>	<u>November 8-10, 2019</u>
<u>Atlanta, GA</u>	<u>November 8-10, 2019</u>
<u>Ventura, CA</u>	<u>November 15-17, 2019</u>
<u>Clearwater Beach, FL</u>	<u>January 9-12, 2020</u>
<u>Sedona, AZ</u>	<u>March 19-22, 2020</u>
<u>Columbia, MD</u>	<u>March 20-22, 2020</u>
<u>Knoxville, TN</u>	<u>March 27-29, 2020</u>
<u>Harrisburg, PA</u>	<u>April 3-5, 2020</u>
<u>Burnaby, BC (Vancouver area)</u>	<u>April 17-19, 2020</u>
<u>Burlington, VT</u>	<u>May 29-31, 2020</u>
<u>Jacksonville, FL</u>	<u>June 12-14, 2020</u>
<u>Houston, TX</u>	<u>June 12-14, 2020</u>
<u>New York, NY</u>	<u>August 14-16, 2020</u>

Fascial Pelvis Myofascial Release Seminar – 20 CEUs

<u>Toledo, OH</u>	<u>May 17-19, 2019</u>
<u>Louisville, KY</u>	<u>May 31-June 2, 2019</u>
<u>Santa Clara, CA</u>	<u>August 16-18, 2019</u>
<u>Pittsburgh, PA</u>	<u>August 23-25, 2019</u>
<u>Naples, FL</u>	<u>September 6-8, 2019</u>
<u>Corpus Christi, TX</u>	<u>September 13-15, 2019</u>
<u>Rochester, MN</u>	<u>October 18-20, 2019</u>
<u>Memphis, TN</u>	<u>November 8-10, 2019</u>
<u>Oak Brook, IL</u>	<u>November 15-17, 2019</u>
<u>Fort Worth, TX</u>	<u>March 6-8, 2020</u>
<u>Vancouver, WA</u>	<u>March 27-29, 2020</u>
<u>Orlando, FL</u>	<u>April 17-19, 2020</u>
<u>Bethany Beach, DE</u>	<u>April 27-29, 2020</u>
<u>Bloomfield Hills, MI (Detroit Suburbs)</u>	<u>April 24-26, 2020</u>
<u>Chattanooga, TN</u>	<u>May 15-17, 2020</u>
<u>Appleton, WI</u>	<u>June 5-7, 2020</u>
<u>Edmonton, AB</u>	<u>June 12-14, 2020</u>