

Friday, February 25, 2022

Breakout Session #2

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| 1:45pm-4:45pm <i>Made Over</i> | 1:45pm-2:45pm <i>The Benefits of Children and Parents as Standardized Clients in Occupational Therapy Education</i> | 1:45pm-2:45pm <i>NBCOT® National Certification Exam: Information You Need to Know Success</i> | 1:45pm-4:45pm <i>Dementia Made Simple: A Practical Framework for Dementia Care (continued)</i> |
| | 3:00pm-5:00pm <i>Creating Behavior Profiles to Support Neurodiversity in the Classroom</i> | 3:00pm-5:00pm <i>Understanding the Shoulder Girdle to Optimize Upper Extremity Functioning</i> | |
| | 3:00pm-5:00pm <i>Peer-Mediated Social Skills Play Groups: Selecting Interventions and Measuring Outcomes</i> | | |

Made Over

Dr. Kimbo Bridges, OTD, MSOT, OTR/L, CBIS, Dr. Ali Twilley, PT, DPT, CBIS, and Megan Theiler, M.S. CCC-SLP, CBIS

An exploration of the therapeutic use of self that involves a multi-disciplinary team of presenters guiding the group through a collaborative discussion and hands-on creative activity. The task will be a personalized sculpture designed to aid in identifying the best version of oneself and how to support others identifying the best version of their self. The therapeutic use of self is a term used to encapsulate the therapist's role in working consciously with the interpersonal side of the therapeutic relationship to facilitate an optimal experience and outcome for the client (Solman & Clouston 2016). In this session we will identify, participate, utilize, and experience the therapeutic use of self.

The Benefits of Children and Parents as Standardized Clients in Occupational Therapy Education

Alisha Singh, OTD, OTR/L and Reeti Douglas OTD, OTR/L

Standardized pediatric experiences have many benefits in occupational therapy education. In this course, occupational therapists teaching in clinical or academic settings will learn how to utilize standardized pediatric clients and parents to enhance their teaching methods. The presenters will discuss the benefits for pediatric clients, parents, occupational therapy students, and occupational therapy educators. The participants will have the opportunity to review methods of evaluating student performance and methods for obtaining pediatric client and parent feedback.

NBCOT® National Certification Exam: Information You Need to Know Success

Barbara Williams, DrOT, MS, OTR

This presentation will provide information on preparing for the NBCOT national certification examination, as well as the examination application process and the benefits of certification.

The mission of NBCOT is to serve the public interest by advancing client care and professional practice through evidence-based certification standards and the validation of knowledge essential for effective practice in occupational therapy. NBCOT demonstrates these practices by developing, administering, and continually reviewing the certification process based on current and valid standards that provide reliable indicators of competence of the practice of occupational therapy.

Creating Learner Profiles to Support Neurodiversity in the Classroom (Cancelled by Presenter)

Alysson Goodwin, PhD, MBA,
OTR/L

~~Referrals for occupational therapy in the classroom are often the result of limited support for a child's learning style. The need for consistent intervention may point to a lack of inclusive design in the classroom for some of our neurodivergent learners. In this course, we will go over the principles of universal design for learning and the role of occupational therapists in setting a child up for success in the classroom. The course begins with an overview of universal design, continues by developing individual learner profiles with case examples, and ends with fine motor and gross motor instruction design to meet the student's needs.~~

Peer-Mediated Social Skills Play Groups: Selecting Interventions and Measuring Outcomes

Christine McConnell, DC, OTR/L

Occupational therapists are uniquely positioned among health care providers to guide peer-mediated social skills play groups that are occupation-based. These interventions can be beneficial for reducing negative behaviors and improving occupational performance in populations frequently seen by pediatric occupational therapists. Some of these populations include autism spectrum disorder (ASD), fetal alcohol spectrum disorder (FASD), attention deficit/hyperactivity disorder (ADHD), anxiety disorders, intellectual disabilities, and emotional/behavioral disorders (EBD). Social skills can be introduced in a variety of ways through play with peer mediation and group design allowing for specificity and attention to the individual client within the group. Use of predetermined outcome tools allows for measurement of change of performance of identified issues, an important final step for the evidence-based practice process.

Understanding the Shoulder Girdle to Optimize Upper Extremity Functioning

Jennifer Dodson OTD, OTR/L, CHT

New graduates in any setting will benefit from this interactive and engaging course on reviewing the anatomy and biomechanics of the shoulder girdle. Without a strong proximal base of support, the upper extremity will not function efficiently limiting return to meaningful occupations. Although OTs may receive a referral not specific to the shoulder, the proximal upper extremity can be affected for various reasons. Regardless if a referral includes a shoulder diagnosis or not, develop confidence in evaluating the shoulder girdle and provide evidence-informed interventions to optimize your clients' use of their upper extremity. This course will involve group activities including marking anatomic structures of the shoulder girdle, assessing resting posture and dynamic movements, manual therapy interventions, and case studies to determine the most effective interventions.

Dementia Made Simple: A Practical Framework for Dementia Care

Lizette Cloete OTR/L (Skills2Care Certified OT)

As Occupational Therapists, our purpose is to maximize our clients' independence, delay their decline and help people living with dementia maintain their relationships with the people who love them. Dementia Made Simple will give you the tools to help people with dementia "Thrive and not just Survive." This 4-hour training is divided into 8 modules and is more than just an overview of Alzheimer's and other dementias. Lizette Cloete, OTR/L has packed the course with applicable evaluation and treatment strategies, practical solutions to the challenging behaviors common to dementia and will complete a quick overview of Skills2Care. Skills2Care is an evidence based occupational therapy intervention specifically designed for people with dementia and their care companions and is reimbursable by Medicare.