

Friday, February 25, 2022

Breakout Session #1

8:30am-11:30am <i>Diversity, Inclusion, Equity & Belonging: Perspectives Applied to Neurorehabilitation</i>	8:30am-11:30am <i>Harnessing the Power of Play: Supercharging your OT Sessions with the Energy of Joy</i>	8:30am-11:30am <i>From “No I Won’t” to “Yes I Did!” Using Motivational Interviewing to Promote Engagement in Occupation</i>	8:30am-9:30am <i>The Use of Exercise-Based Upper Extremity Injury Prevention Programs for Industrial Workers</i>
			9:45am-10:45am <i>Application of an Emerging Costing Method to Compare Marginal Costs Between Telerehabilitation and Outpatient Therapy for Stroke Survivors</i>
			10:45am-11:45am <i>Dementia Made Simple: A Practical Framework for Dementia Care (Continued in session #2)</i>

Diversity, Inclusion, Equity & Belonging: Perspectives Applied to Neurorehabilitation

Jennifaye V. Brown, PT, PhD, NCS

Participants in this course will learn what differentiates diversity, equity, inclusion and belonging (DEIB) and how these concepts can be applied to the therapeutic alliance in rehabilitation care. In addition, participants evaluate barriers and facilitators of DEIB through analysis of social determinants of health and how to use this information to substantiate content provided in the framework of the ICF model. Based on DEIB concepts, participants are able to reframe impairments, activities or related activity imitations and participation or participation limitations to devise a rehabilitation plan of care that is more patient/client focused. The intention is that participants are prepared to consider DEIB concepts in the plan of care, specifically the treatment interventions which can improve health outcomes due to patient/client compliance and intervention fidelity.

The Use of Exercise-Based Upper Extremity Injury Prevention Programs for Industrial Workers

Joseph Bell, OTR/L

In 2021, Dr. Jennifer Boyette and Joseph Bell published, “A scoping review of the use of exercise-based upper extremity injury prevention programs for industrial workers” for The Journal of Handy Therapy. The purpose of this presentation is to discuss the published study about the following: the benefits to exercise programs, variance in the current literature regarding the implementation, supervision, and exercise components of an upper extremity injury prevention program in an industrial work setting, and how to identify, report, and evaluate all published literature that describes exercise-based upper extremity injury prevention programs used with an industrial setting.

From “No I Won’t” to “Yes I Did!” Using Motivational Interviewing to Promote Engagement in Occupation

Jeni Dulek, OTD, OTR/L

This session is targeted toward new graduates, as it aims to expand and build upon skills in therapeutic use of self with a focus on addressing client motivation toward participation in occupations at home and in the therapy setting. The presentation will offer an overview of motivational interviewing (MI), including a summary of the literature supporting its use with a variety of client populations treated by OT practitioners. The spirit of MI will be examined as it relates to the core values of OT, and the transtheoretical model will be introduced and explored in relation to occupational performance. The session will include an opportunity for participants to develop skills in using motivational interviewing with clients through practice with open-ended questions, affirmations, reflections, and summaries. Participants will also discuss possible application of their learning to their current and/or future practice.

Harnessing the Power of Play: Supercharging your OT Sessions with the Energy of Joy

Dillen Hartley, OT, & Karen McWaters, OTR/L

Play is a biological process and a primary occupation of childhood. All mammals that have their biological and safety needs met will start to play spontaneously. Play is the means by which children learn about the world and how to successfully navigate through it, and the primary tool for developing our capacity for sensory and emotional regulation, connection and developing relationships. Yet so many of our clients and children lack the capacity to play. As Occupational Therapists, we understand the importance of play as an essential occupation for the child in our care and how incorporating play in our treatment can improve outcomes and facilitate the mastery and generalization of skills to home and classroom environments. In this presentation, the presenters will draw from experience and evidence-based practice to help you rediscover your agency in play and be able to apply basic and complex play-based

strategies into your existing practice, professional development and home life. The evidence is mounting that validates the importance of play as a powerful tool and engine to fuel rapid progression of skills and capacities in all domains: physical, cognitive, and relational. Come and join your presenters in a “deep dive” into the world of “play” and how to harness its power.

Application of an Emerging Costing Method to Compare Marginal Costs Between Telerehabilitation and Outpatient Therapy for Stroke Survivors

Corey Morrow, PhD-C, MOT, OTR/L

The cost of stroke care in the US is the highest in the world. Additionally, access to stroke rehabilitation is limited for certain demographic groups including rural and low-income stroke survivors. Telerehabilitation is an emerging service delivery method that may improve both cost and access for stroke survivors. The objective of this study is to estimate the marginal cost differences between a telerehabilitation versus outpatient session for stroke survivors. Additionally, this presentation will discuss the importance of economic evaluation in rehabilitation clinical trials, provide an introduction to costing methods, and outline how to apply costing concepts to a real-world area of need.

Dementia Made Simple: A Practical Framework for Dementia Care

Lizette Cloete OTR/L (Skills2Care Certified OT)

As Occupational Therapists, our purpose is to maximize our clients’ independence, delay their decline and help people living with dementia maintain their relationships with the people who love them. Dementia Made Simple will give you the tools to help people with dementia “Thrive and not just Survive.” This 4-hour training is divided into 8 modules and is more than just an overview of Alzheimer’s and other dementias. Lizette Cloete, OTR/L has packed the course with applicable evaluation and treatment strategies, practical solutions to the challenging behaviors common to dementia and will complete a quick overview of Skills2Care. Skills2Care is an evidence based occupational therapy intervention specifically designed for people with dementia and their care companions and is reimbursable by Medicare.